Mission Statement
Our mission is to partner with hospitals, healthcare professionals and patients and families around the world to improve the care, safety and quality of life for everyone with a tracheostomy.

Vision Statement
Safe, effective tracheostomy care on a global scale, achieved through data-driven innovations of interprofessional teams of physicians, nurses, respiratory therapists, speech therapists, patients, and families.
TABLE OF CONTENTS

Message from Editors-in-Chief: Tracheostomy Journal: Improving Care through Innovation, Education, and Empathy
Vinciya Pandian, PhD, MBA, MSN, RN, ACNP-BC, FCCM, FAANP, FAAN, FFNMRCSI
School of Nursing, Johns Hopkins University
Michael J. Brenner, MD, FACS
Department of Otolaryngology Head and Neck Surgery, University of Michigan Medicine...............1

Message from the President: The Power of Collaboration: Launching the 'Tracheostomy' Journal
Michael Brenner, MD, FACS
Department of Otolaryngology Head and Neck Surgery, University of Michigan Medicine...............2

Feature Article: TRACHES Toolkit: A Report on the Creation and Implementation of a Novel Digital Educational toolkit for Tracheostomy Care in Wales
Paul Twose, MSc, BSc
Physiotherapy, Cardiff and Vale University Health Board School of Healthcare Sciences, Cardiff University
Chris Davies, MBBS BSc(hons)
Institute of Clinical Science and Technology
Brendan A McGrath, MBChB, PhD
Manchester Academic Critical Care, Manchester Academic Health Science Centre
Critical care, Manchester University NHS Foundation Trust
Simon Barry, MBBS, PhD
Respiratory Health Implementation Network
Respiratory Medicine, Cardiff and Vale University Health Board........3

Feature Article: Enhancing Tracheostomy Care Proficiency: Evaluating the Impact of Online Interprofessional Tracheostomy Education Program
Linda L. Morris, PhD, APN, CCNS, FCCM
Nursing Research, Shirley Ryan AbilityLab
Physical Medicine & Rehabilitation and Anesthesiology, Northwestern University
Ann Bines, RN, MS, CCRN
Nursing, Shirley Ryan AbilityLab
Katherine Earnest, MSN, RN, CRRN, CNML
Nursing Research, Shirley Ryan AbilityLab
Sarah McCarter-Koppes, MSN, RN, CRRN, CNL
Nursing, Trinity Health Oakland Hospital
Arlene Smalls-Smyth, MSN, RN, CRRN
Nursing, Trinity Health Oakland Hospital
Jasin Wong, PhD
National Tsing Hua University.................................8

Feature Article: In-line Mechanical Insufflation-Exsufflation as an Alternative to Invasive Suction for Secretion Management in Ventilated Patients, a Randomized Controlled Trial
Eliezer Be‘eri, MB BCh
Department of Respiratory Rehabilitation, Alyn Rehabilitation Hospital
Jia Ming, BM
Department of Critical Care Medicine, Beijing Tian Tan Hospital
Han Dan-nuo, MM
Department of Critical Care Medicine, Beijing Tian Tan Hospital
Zhou Jianxin, MD
Department of Critical Care Medicine, Beijing Tian Tan Hospital
Xu Min, BM
Beijing Tian Tan Hospital
Shi Zhong-hua, MD
Department of Critical Care Medicine, Beijing Tian Tan Hospital
David M Linton, MB ChB
Department of Chronic Ventilation and Rehabilitation, Golden Care Chronic Ventilation and Rehabilitation Hospitals 18

Feature Article: Enhancing Communication in Critically Ill Patients with a Tracheostomy: A Systematic Review of Evidence-Based Interventions and Outcomes
Mary N. Gentile, MA, CCC-SLP
Department of Physical Medicine and Rehabilitation, Johns Hopkins Hospital
Annalise D. Irvine, MS, CCC-SLP
Department of Physical Medicine and Rehabilitation, Johns Hopkins Hospital
Annamarie M. King, MS, CCC-SLP
Department of Physical Medicine and Rehabilitation, Indiana University
Achsha S. Hembrom, BS Student
School of Nursing, Johns Hopkins University
Keven S. Guruswamy, BA Student
School of Nursing, Johns Hopkins University
Nina E. Palivela, BS Student
School of Nursing, Johns Hopkins University
Nicole Langton-Frost, MA, CCC-SLP, BCS-S
Department of Physical Medicine and Rehabilitation, Johns Hopkins Hospital
Colleen R. McElroy, MS, SLP-CCC
Department of Physical Medicine and Rehabilitation, Johns Hopkins Hospital
Vinciya Pandian, PhD, MBA, MSN, ACNP-BC, FCCM, FAANP, FAAN, FFNMRCSI
School of Nursing, Johns Hopkins University........................26

Poem: From Apathy to Empathy: A Nurse’s Journey
Vinciya Pandian, PhD, MBA, MSN, ACNP-BC, FCCM, FAANP, FAAN, FFNMRCSI
School of Nursing, Johns Hopkins University..........................42